

## Annual Physical Exam Acknowledgement

An **Annual Physical Exam** is a “wellness” exam designed to provide a comprehensive physical examination in order to screen for disease, promote a healthy lifestyle, and assess a member’s potential risk factors for future medical problems.

**The Annual Physical Exam includes (based on CMS guidelines):**

1. Health History Review
2. Vital signs
3. General appearance
4. Heart exam
5. Lung exam
6. Head and neck exam
7. Abdominal exam
8. Neurological exam
9. Dermatological exam
10. Extremities exam
11. Male physical exam
  - Testicular, hernia, penis, and prostate exams
12. Female physical exam
  - Breast and pelvic exams
13. Counseling to include healthy behaviors and screening services

**Any health issues/problems not listed above are NOT considered part of a physical examination!**

If you discuss other health concerns and or management of any health concern during your Physical Exam, **an office visit will be charged in addition to your physical and may generate a co-payment as a result.**

Because we care and want to provide you with the most efficient visit as possible, we will not ask you to make another appointment to discuss or manage your health concerns but please understand we are **legally obligated** to assign procedure codes based on the **service provided** to you.

**We cannot change the coding later to cause the insurance company to pay for a non-covered service. If both services are billed you may be responsible for paying a co-payment for each service, depending on your insurance coverage.**

**By signing below, you have read and acknowledge the information stated above.**

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Patient Name