

# COVID-19 VACCINE INFORMATION

Taking Tylenol or ibuprofen before receiving your COVID-19 vaccine is **NOT** recommended; however, Tylenol or ibuprofen may be helpful in managing post-vaccine fever or pain. Additionally, if you are experiencing vomiting or diarrhea, it is important that you maintain adequate hydration.

## Common Reactions – What to Expect After Your Vaccine

Like any medication, vaccines can cause side effects. Usually vaccine side effects are minor and go away on their own within 2-3 days. These are signs that your immune system is doing exactly what it is supposed to do – it is working and building up protection to disease.



If your side effects worsen or do not go away in 2-3 days, please call your physician's office.

**\*\*\*YOU DO NOT NEED TO CALL YOUR PROVIDER FOR THESE SIDE EFFECTS\*\*\***

Common side effects include:

- Pain/redness at injection site
- Chills
- Diarrhea
- Headache
- Muscle and/or joint pain
- Axillary swelling/tenderness
- Fever (38°C to 39°C or 100.4°F – 102.2°F)
- Nausea and vomiting
- Fatigue

## Severe Allergic Reactions/Adverse Events

An allergic reaction can occur with any type of vaccination. We will monitor you for these signs for a short period of time after you receive the vaccine.

**\*\*\*IF YOU EXPERIENCE THESE SYMPTOMS AFTER YOUR VACCINE, CALL YOUR PROVIDER\*\*\***

Symptoms of a severe allergic reaction can include:

- Hives (rash all over body)
- Fast heartbeat
- Swelling of the face and/or throat
- Difficulty breathing
- Dizziness and weakness
- Facial weakness or drooping
- Fever (higher than 39°C or 102.2°F)
- Numbness/tingling in arm/legs/body
- Vision changes

## Will I need to keep wearing a mask and avoid close contact with others if I have received 2 doses of the vaccine?



Yes. While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to us to help stop this pandemic, like covering your mouth and nose with a mask, washing hands often, and staying at least 6 feet away from others until further notice.

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## Am I safe to interact with high risk family members after the vaccine because I can no longer transmit COVID-19?



Right now we know the vaccines can prevent severe COVID-19 disease in the individuals who RECEIVE the vaccine. Researchers are still learning about whether the vaccines prevent mild COVID-19 disease or asymptomatic transmission in vaccine recipients. This means you might still be able to become infected with mild or asymptomatic disease which you could unknowingly transmit to others while staying asymptomatic yourself. Right now you should continue to follow all safety measures like mask-wearing, hand washing, etc., just as you have been doing.

## What is the expected efficacy, or effectiveness, of the COVID-19 vaccines?

The COVID vaccines are 94-95% effective in preventing symptomatic COVID disease. This level of protection is not expected until 2 weeks after your 2nd dose. It is very important to receive both doses because not only does the 2nd dose give your body greater protection against COVID, it will also make your protection against COVID last longer.

## Can the COVID-19 vaccine cause COVID?

NO. The vaccines currently in use do not contain the live virus that causes COVID-19 and you cannot develop COVID-19 from these vaccines.



## V-Safe

Common reactions/symptoms to the COVID-19 vaccination may be reported to V-safe. **V-safe is an optional interactive reporting system supported by the CDC. Access the V-safe site using the QR code for [vsafe.cdc.gov](https://vsafe.cdc.gov).** Call your provider only if these reactions/symptoms persist more than 48 hours after vaccination.

<https://vsafe.cdc.gov>



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Your second vaccine is scheduled for:

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ at \_\_\_\_\_  
Date Time

Location: \_\_\_\_\_